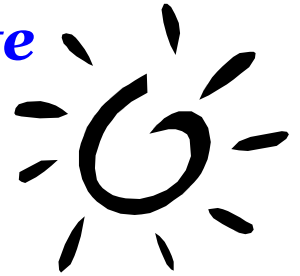


June 2006

# Bright Ideas for Washington State Bright Futures

June 2006



A News Update from the Washington State Bright Futures Project



## We're On-Line!

Visit the new WA State Bright Futures  
Web Site.

[http://www.doh.wa.gov/cfh/mch/Bright\\_Futures/default.htm](http://www.doh.wa.gov/cfh/mch/Bright_Futures/default.htm)

- For health professionals, adults who work with children and youth, parents, and public health agencies and individuals
- Find updates and information on Bright Futures activities in Washington State.
- Link to Bright Futures web sites to view, download and order materials.



## Bright Futures in Early Childhood Project

After a tremendous year of Bright Futures creativity, the 11 early childhood programs around Washington State, participating in the Bright Futures in Early Childhood Care and Education project, completed data collection in April. The project will hold a celebration in June, and is in the process of developing and producing a Bright Futures training tool kit that can be used by other early childhood providers and Child Care Health Consultants to become familiar with Bright Futures and gather ideas for practical use. Content for the kit is based on training experiences in the Bright Futures Early Childhood Project, with extensive use of the creative Bright Futures implementation ideas developed and used by pilot sites. The final product will be available in Fall, 2006.

## Families of Children with Special Needs

◆ Washington State continues to participate in *Family Matters: Using Bright Futures to Promote Health and Wellness for Children with Disabilities*, a research project funded by the Centers for Disease Control and Prevention, coordinated by Family Voices and Tufts University. Now in its' third year, mentor parents in participating states are working with families of children with special needs on health and wellness issues. 9 Washington State families are currently participating. *The project is still recruiting parents of children with disabilities ages 6 to 18. Family Voices and Tufts School of Medicine invite you to participate in Washington by contacting Amy Lightbody, 509-879-5569 or [amylightbody@msn.com](mailto:amylightbody@msn.com).*

Project brochure:

<http://www.familyvoices.org/cdc/CDCProjectBrochure.pdf>

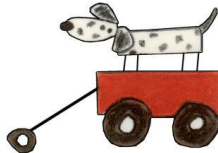
◆ Janel Lauer, Masters of Public Health student at the University

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of Washington, partnered with Bright Futures staff and staff at Boyer Children's Clinic in Seattle to adapt *Bright Futures* materials to accommodate the young age and developmental status of children involved in Boyer programs. Materials were distributed to parents included the Infancy Family Tip Sheet, Stimulating Environments, Self-Esteem, Communicating with Children, and Special Time. Ms. Lauer is following up with parents to assess which handouts were thought to provide the most amount of useful information, which the least, what percentage of parents reported that the information in the handouts was applicable to their child with special needs, and whether these parents recommend these handouts for use with other parents of children with special needs.

◆ The *Washington State Medical Home* website serves as a coordinating center for medical home activities in the state and links physicians, other professionals and families with practical information, tools, and resources that support family-centered, coordinated health care services. The website includes diagnosis-specific care guidelines, patient handouts and extensive links to state and local services and resources. In addition, there are sections specific to the medical home needs of physicians and other primary health care providers, families, and the community service providers (such as public health nurses, nutritionists) who assist them. <http://www.medicalhome.org/>



To learn more about the Washington State Bright Futures Project, or obtain technical assistance or training in the use of Bright Futures materials, contact:

- Teresa Cooper [Teresa.Cooper@doh.wa.gov](mailto:Teresa.Cooper@doh.wa.gov)
- Sue Wendel [swendel@u.washington.edu](mailto:swendel@u.washington.edu)
- Jean Myers [jm9@u.washington.edu](mailto:jm9@u.washington.edu)

We Welcome Your Stories  
for this Newsletter!



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## National News

☀ View the national process evaluation of Bright Futures conducted by the Health Systems Research, Inc. *Assessing the Bright Futures for Infants, Children and Adolescents Initiative: Findings from a National Process Evaluation*. Also see *Using Bright Futures in Public Health Efforts to Promote Child Health: Findings from Six Case Studies* Washington State is one of six case studies presented. The others are: Georgia, Louisiana, Maine, South Carolina and Virginia. <http://www.hsrnet.com/brightfutures/>

☀ Bright Futures and EPSDT online educational series developed by in Virginia. (CE credit available) <http://www.pubinfo.vcu.edu/curriculum/cme/bf/>

☀ What to Expect and When to Seek Help, Bright Futures Social Emotional Developmental Tools for Families and Providers. New! from the National Technical Assistance Center for Children's Mental Health, Georgetown University Center for Child and Human Development, in collaboration with the National Center for Education in Maternal and Child Health.

